

# Cows Milk Allergy Group Education Webinar

## What is it?

A live group education session presented by dietitians, using evidence based information to support your child through milk allergy.

## What are the benefits?

- Accessed from home
- No travel or parking charges
- Supportive group session with other parents
- Evidence based information
- Time for questions

## What is covered?

An explanation of cows milk allergy, milk-free formulas, milk free weaning, reintroduction of cows milk and general overview of nutritional requirements.

## How do I access this?

Access through the invitation sent to your email address. Use a smart phone, laptop or tablet which has a front facing camera.



**Invitations will be sent to your email with instructions on how to join in.**

For any queries please call 01482 247 111.  
**CHCP Hull and East Riding  
Nutrition and Dietetic Team**