

MONDAY 10TH	TUESDAY 11TH	WEDNESDAY 12TH	THURSDAY 13TH	FRIDAY 14TH	SATURDAY 15TH
Turn 2 Us Sessions Lunchtimes - free session	11am - 2pm Carers Market Place Event	Rebecca - Employment support worker	Hull, East Riding, North East lincs and North Lincs Carers Support Service 9am - 5pm		
<b>Kingswood Academy</b> <b>Sirius West</b> <b>Kelvin Hall Academy</b> Young people can talk to a youth workers No appointment needed Info and support on being a young carer.	<b>The Guildhall</b> <b>77 Lowgate</b> <b>Hull</b> <b>HU1 2AA</b> <b>Information &amp; Advice to support your caring role</b>	<b>Asda Mountpleasant</b> 9am- 11am - All employed carers' <b>Warehouse 8</b> 12:30pm-2:30pm -Hull city council employees only <b>The Beacon</b> 3pm - 5pm CHCP employees only	MacMillan Information Centre, Queens Centre Castle Hill Hospital  Available to offer advice, support, information and the opportunity to register with out respective services		
<b>12:00- 2pm</b> Turn 2 Us Sessions	<b>Turn 2 Us Sessions</b> <b>Lunchtimes - free session</b>	<b>Turn 2 Us Sessions</b> <b>Lunchtimes - Free Session</b>	<b>Turn 2 Us Sessions</b> <b>12:25 - 13:05 - free session</b>	<b>Turn 2 Us Sessions</b> <b>Lunchtimes - free session</b>	
Sirius Academy North Young people can talk to a youth workers No appointment needed Info and support on being a young carer.	Boulevard Academy St Marys College 12:20 - 13:20 Andrew Marvell Youth Centre (11-16s) Winifred Holtby Academy	Andrew Marvell Youth Centre (11-16s) Winifred Holtby Academy The Compass Academy Hull College (14 - 16s)	Newland School for Girls Young people can talk to a youth workers No appointment needed Info and support on being a young carer.	Andrew Marvell Youth Centre Young people can talk to a youth workers No appointment needed Info and support on being a young carer.	
		<b>10am-3pm</b> <b>Forum@PQ</b>  Forum will have social prescribers offering information on social groups and activities Level: 3 Princes Quay Shopping Centre Kingston-upon-Hull East Yorkshire HU1 2PQ	Taster session - MacMillan Information Centre, Queens Centre Castle Hill Hospital 9am - 4pm  Massages, Reiki therapy, pedicures, Manicures, facials, crystal healing , indian head massage and deep tissue massage 1/2hr taster sessions to reqisted carers.  To book call Claire or Tania on 01482 461071		
		<b>1:30pm - 2:30pm</b> Hull Libraries  Free Story time session for Parent carers The Children's Library Central Library Albion Street Hull HU1 3TF Parent carers do not need to book places. Session will be aimed at the Under 5 age group.			
	<b>6pm-7:30pm</b> Young Carers Support Groups  The sessions run; Ainthopre Youth Centre Contact number 01482 - 331238 All sessions are free, if young people feel they are a young carer, they can drop in and speak to a youth worker regarding support.	<b>4pm - 5:30pm</b> Young Carers Support Groups  Astra Youth Centre and Route One Youth Centre Contact Astra on 01482 - 310925 / Route One Youth Centre 01482 - 491960  Young Carers Support Groups	<b>4pm - 5:30pm</b> Young Carers Support Groups  Andrew Marvel Youth Centre Thursdays 4 - 5:30pm Contact 01482 - 791226		

**ALL WEEK MON-SUN**

**Little Monkeys**  
  
Discount on soft play sessions for every child £3



If you provide regular and substantial care (or intend to) and you don't get paid for it, contact us at: [chcpic.org.uk/chcp-services/carers/pages/about-ciss](http://chcpic.org.uk/chcp-services/carers/pages/about-ciss) to arrange an assessment or call 01482 222220

**Come and join us for Carers Week 10th - 16th June 2024**

