



# My Positive Qualities



Cut out



and



stick



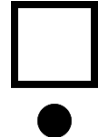
your



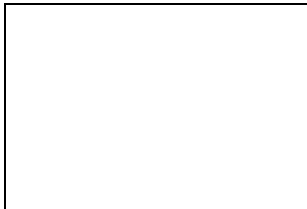
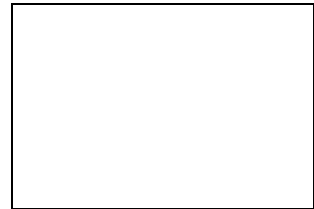
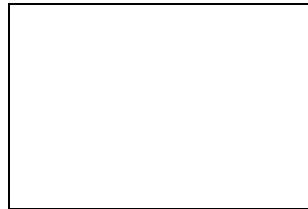
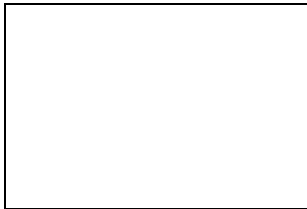
positive



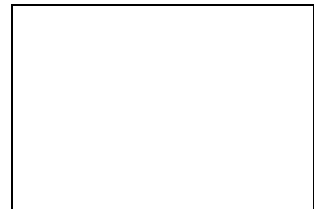
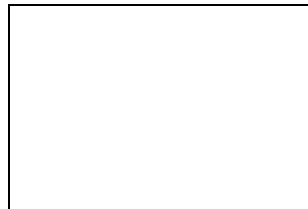
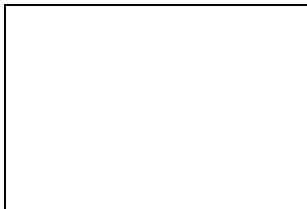
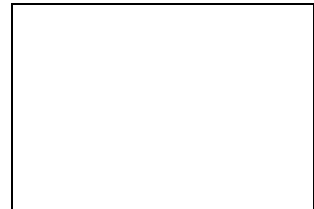
qualities












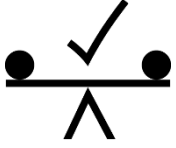


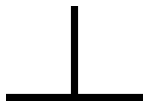







below



Me



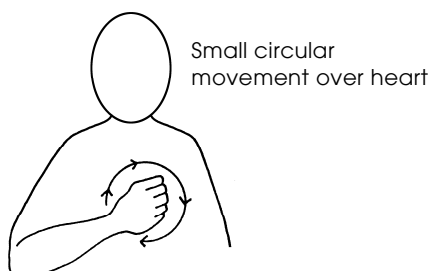


 Brave	 Respectful	 Happy	 Funny
 Confident	 Hopeful	 Kind	 Loving
 Helpful	 Sensible	 Nice	 Generous
 Truthful	 Friendly	 Clever	 Caring
 Apologetic	 Thoughtful	 Strong	 Patient

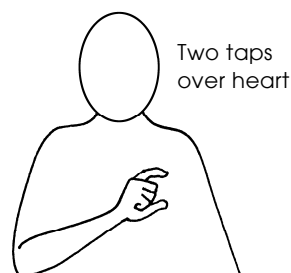
You can use the empty boxes to think of more positive qualities.



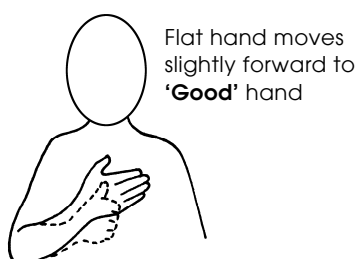
# Sign Bank



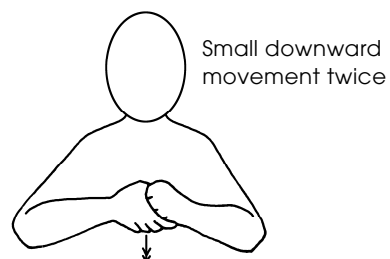
**Apologetic (Sorry)**



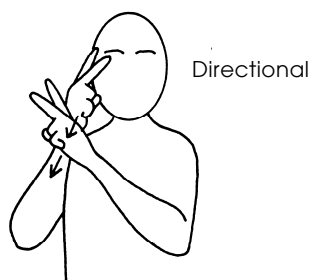
**Confident**



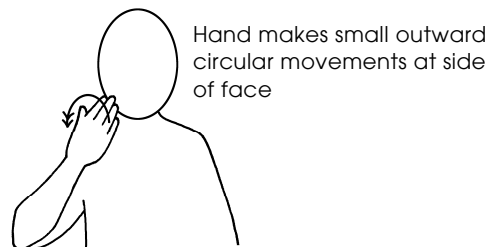
**Brave**



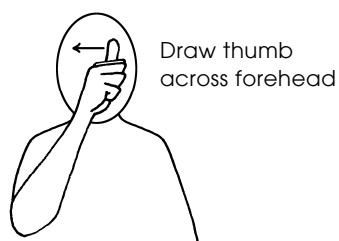
**Friendly (Friend)**



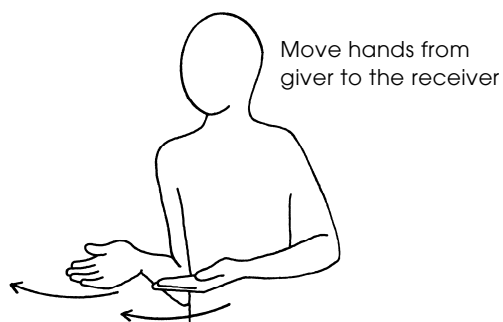
**Caring (To Look After/ To Care For)**



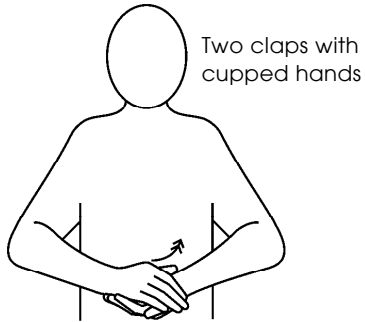
**Funny (Fun)**



**Clever**



**Generous (To Give (1))**

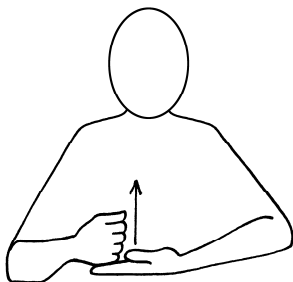


Two claps with cupped hands

**Happy**



**Loving (To Love)**

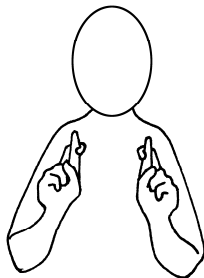


**Helpful (To Help (1))**

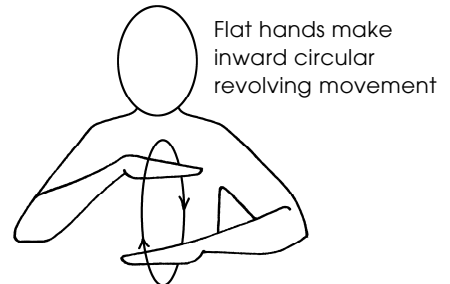


Run thumb across upper lip

**Nice**

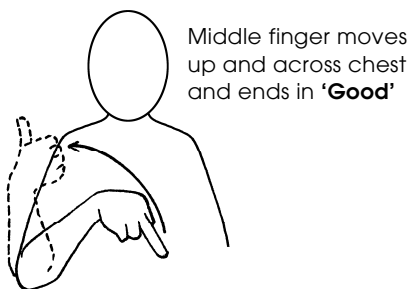


**Hopeful (To Hope/ To Wish)**



Flat hands make inward circular revolving movement

**Patient/ Calm (to be)**



Middle finger moves up and across chest and ends in 'Good'

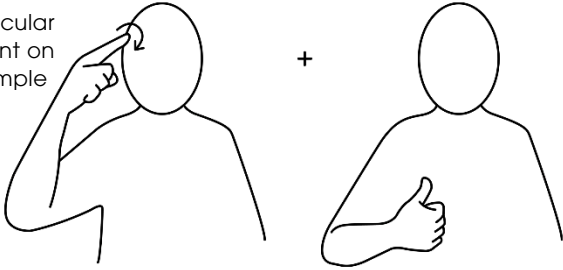
**Kind**



**Respectful (To Respect)**

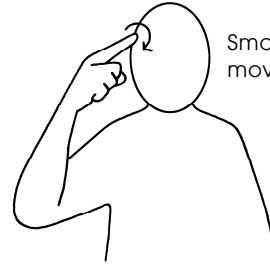


Small circular movement on temple

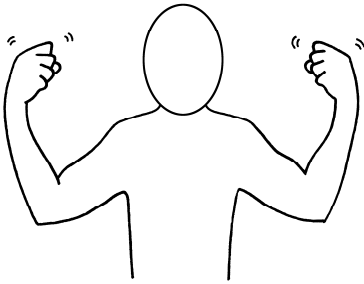


**Sensible**

Small circular movement on temple



**Thoughtful (To Think)**



**Strong**

Hand strikes palm deliberately



**Truthful (Really/ True)**