



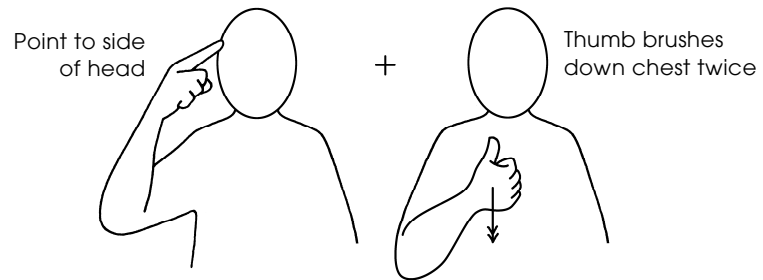
# Mental Health Awareness Week

## Makaton Symbols and Signs

Mental Health



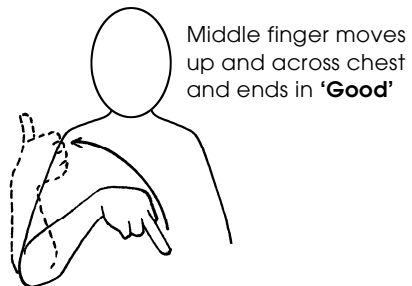
Mental Health



Kind

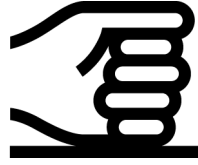


Kind

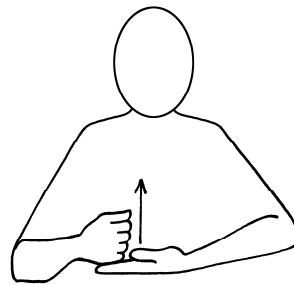




To Help (1)



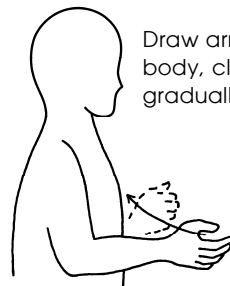
To Help (1)



To Help (2)



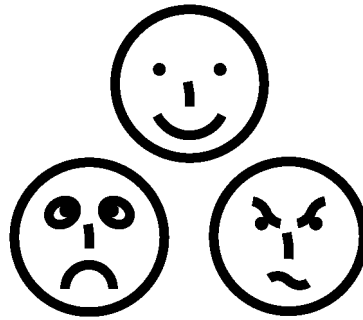
To Help (2)



Draw arm towards body, closing fist gradually at same time



Mood



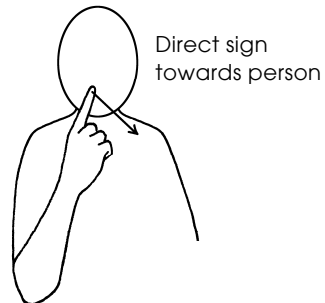
Mood



To Speak/  
To Talk



To Speak/  
To Talk

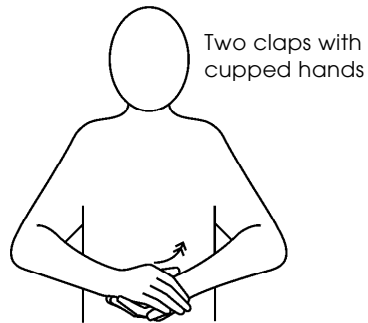




**Happy/ Pleased**



**Happy/ Pleased**



**Worried**



**Worried**

