

Learning Disability Services Referral Guidance

There are three community teams in the adult Learning Disability services:

Hull CTLD Townend Court Cottingham Road HULL HU6 8QG Tel: 01482 336740 For clients with a Hull GP	East Riding CTLD Alfred Bean Hospital Bridlington Road Driffield YO25 5JR Tel: 01377 208800 For clients with an East Riding GP	LD Intensive Support Team (IST) Townend Court Cottingham Road HULL HU6 8QG Tel: 01482 336740 For clients with a Hull or East Riding GP who require specialist intensive support
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If you would like to discuss a potential referral, then please contact one of the relevant teams on the above contact details.

Please consider the below information prior to making a referral to the team

What is a learning disability?

The Humber NHS Learning Disability Service uses the Department of Health definition of Learning Disability. Learning Disability includes the presence of:-

1. A significantly reduced ability to understand new or complex information, and learn new skills (impaired intelligence usually defined as an IQ of less than 70), with:
2. Significantly reduced ability to cope independently in every-day life
3. Which started before adulthood

This definition means that the presence of a low intelligence quotient, for example an IQ of less than 70, is not by itself a reason for deciding if someone should be provided with additional health and social care support. But that the person's functional abilities to manage in day-to-day life also need to be considered.

A learning **disability** is not the same as a learning **difficulty**. People with a learning **difficulty** have problems with only one or two things. Usually some part of reading or writing or number work; something which showed up at school but it's only in that one area that the person has difficulty.

If the client has not been known to the Learning Disability Service before then please provide evidence of one of the following (if you are able to):

- IQ Assessment
- Educational Statement or Education, Health and Care Plan
- Educational or Clinical Psychology Report

Reasonable adjustments or specialist services?

The majority of people with a learning disability live their lives without support from specialist learning disability services. Where support from statutory services is needed, most people with learning disabilities should be able to access mainstream health and social services, with reasonable adjustments being made as necessary, in accordance to the provisions of the Equality Act 2010 and Accessible Information Standard (2016).

Reasonable adjustments can mean making buildings accessible, but also making changes to policies, procedures and staff training to ensure that services work equally well for people with a learning disability.

However, some people will require adjustments that go beyond what is reasonable and possible for mainstream services and will require access to specialist learning disability services.

Often mainstream and specialist teams need to work in collaboration to share and combine their knowledge and skills.

Completing the Referral Form

If you feel the client requires a specialist Learning Disability service, then please ensure you fully complete the referral form with as much detail as possible. This will help us identify which support is required more easily and prevent delays with the referral being processed. Incomplete forms may be returned and not accepted.