



Carers'
Information
& Support
Service

CISS NEWSLETTER WINTER 2025

Carers Christmas Carols

Come along and enjoy traditional carols and Christmas songs with The New Park Singers at the Hull Minster on Wednesday the 3rd December from 10am-12pm. Enjoy a hot drink and a mince pie and the choir singing in the lovely setting of Hull Minster.



Carers Christmas Coffee Morning

Join us at our Carers Christmas Coffee Morning Drop in, at The Calvert Centre, 110a Calvert Lane, Hull, HU4 6BH on Wednesday 10th December between 11am- 1pm.

Call in and have a hot drink and a mince pie and meet other carers.



CHAMPS Awards

In November CISS will be hosting the 3rd Annual CISS CHAMPS Awards

The annual CHAMPS celebration will be held at The Guildhall, Hull on the 25th November.

There will be a fantastic Awards ceremony and lunch to celebrate all nominated CHAMPS finalists.

We will announce the winners and runners up in our next newsletter. Winners and runners up will also be highlighted on The Carers information & Support Service – Hull Facebook group.



Thank you to everyone who nominated a Caring Helpful and Amazing Person for a CHAMPS award.

Hull Warm Homes

We are aware that heating bills are a significant concern for our carers during the winter months. Managing energy expenses can be challenging, especially when temperatures drop and there is a greater need to keep the home warm and comfortable.

If you are worried about the cost of heating your home, there are options available to help you manage these expenses and access support.



Please contact [Hull Warm Homes](#) for advice and support on fuel poverty and any grants available to help with heating your home and keeping costs down.

They offer:

- energy efficiency grants*
- fuel poverty advice
- benefits referrals
- referrals to other council services
- referrals to partner organisations which can offer additional support

* Grants are subject to meeting eligibility criteria.

The Young Carers Project

Are you a Young carer? Do you know a Young carer?

The Hull Young Carers Project is delivered by youth workers and is an assessment and support service for young people impacted by caring responsibilities.

The wider Youth Development Service youth work teams in communities complement the work of the project by providing weekly young carer support groups and an opportunity to engage in the broader universal youth work offer.

The offer for Young Carers in Hull

- Help to find the support they need from local services, so that their caring responsibilities do not have a negative impact on their lives.
- Opportunities for young carers to take a break from their caring role, spend time with other young carers, share experiences, have fun and build positive peer networks.
- An assessment to identify need and agree a suitable support plan.
- Tailored one-to-one support.
- Information, advice and guidance.
- Weekly fun Young Carers peer support groups and holiday activities.
- Advocating on a young carer's behalf.
- Opportunities to become involved and shape the future of services and support for young carers in the City.
- Support with applications to the Young Carers Card and Wellbeing Grant.

If so, please contact [The Young Carers Project for support](#), information, advice and guidance or Email – theyoungcarersproject@hullcc.gov.uk



