

City Health Care Partnership CIC

a co-owned business



# The Brush Bus

The Brush Bus will be visiting your  
nursery/school every day!

**Parent/Guardian Information leaflet**



Providing Quality Care

[www.chcpcic.org.uk](http://www.chcpcic.org.uk)



## The Brush Bus will:

- Visit your child's nursery/school every day
- Help improve your children's dental health by teaching them to brush their teeth and look after their mouths

## Tips for the home:

- Change your toothbrush every 3 months and supervise toothbrushing up to the age of 7
- Hull and East Yorkshire have no fluoride in their water so it is important that you use fluoride toothpaste
- Brush at night and one other time (as well as at nursery/school!)
- Do not rinse but spit out excess toothpaste
- Visit a dentist every 6 months for a regular check-up. If you don't have a dentist contact your Oral Health Promotion Team see details below

## What happens when the Brush Bus visits?

- ✓ Teachers and classroom assistants will be there to supervise the children while they brush their teeth
- ✓ Each child will be given their own toothbrush which will be stored in the bus to keep it clean. A small amount of toothpaste will be issued to each child
- ✓ Children will brush with toothpaste containing fluoride
- ✓ Each term your child will be given a new toothbrush to use at Brush Bus time
- ✓ After brushing children will be encouraged to wipe excess toothpaste away rather than rinse as it protects their teeth more



The Brush Bus Programme is run by the:

Oral Health Promotion Team email: [chcp.oralhealth@nhs.net](mailto:chcp.oralhealth@nhs.net)