

Appendix 1

Toothbrushing Programme Consent Form

I give permission for my child

(Child's name)

To brush their teeth every day at school/nursery as part of the Brush Bus
Toothbrushing Programme.

(Children aged 3 years and above will brush with 1450ppm fluoride toothpaste).

Signed:

(Parent/Guardian)

Date: _____

**Please contact your child's school/nursery
for further information regarding the
programme.**



The
**Brush
Bus**

Appendix 2

Core standards for Brush Bus Toothbrushing Programme

Toothbrushing in a dry area

1. The supervisor or child is responsible for collecting the toothbrush from the Brush Bus/Rack.
2. An unfolded disposable paper towel is placed on the desk in front of the child and the appropriate amount of toothpaste (guidelines - see appendix 3) is dispensed onto the paper towel by the supervisor.
3. Children may be seated or standing whilst toothbrushing takes place.
4. After toothbrushing is completed, children can wipe away excess tooth paste into the disposable paper towel.
5. Tissues / paper towels must be disposed of immediately after use in a refuse bag.
6. Tooth brushes can either be:
 - a) Returned to the Brush Bus/ Rack by each child and taken to an identified sink area by the supervisor who is responsible for rinsing each tooth brush individually under cold running water.
 - b) Rinsed at a designated sink area where each child is responsible for rinsing their own tooth brush under running water. If children are unable to do this themselves a member of staff must undertake this activity.
7. After the rinsing of the toothbrushes is complete, the child or the supervisor is responsible for shaking of excess water into the sink.
8. Toothbrushes are returned to the Brush Bus/Rack by the supervisor or child and allowed to dry.
9. Disposable paper towels / medi wipes should be used to clean any drips visible on the Brush Bus/Rack and the lid must be replaced as soon as the brushes have air dried. The Brush Buses/Racks should be cleaned once a week using warm soapy water then allowed to air dry.
10. Toothbrushes do not need to be soaked in Milton or other cleaner / disinfectant.
11. Cleaning must be carried out by an appropriate adult who is also responsible for rinsing sinks after toothbrushing is completed.
12. Local monitoring of the toothbrushing programme will take place at timely intervals. This may involve an observation of the toothbrushing session or a telephone call to obtain feedback.

(Adapted from National Standards for Toothbrushing Programme – (Child Smile NHS Scotland, 2013) Jan 2006 (Revised Oct 2013)

Appendix 3

Guidelines for Brush Bus Toothbrushing Programme

Brushing Programme

1. Staff are responsible for the toothbrushing programme on a daily basis and all staff should be familiar with the Core Standards.
2. Toothbrushing programmes must be supervised by a member of staff.
3. Each child will be allocated his / her own toothbrush which corresponds to the colours / symbol on the brush bus/rack.
4. A member of staff will be responsible for placing the fluoride toothpaste on to a paper towel/ plate before transferring it to a dry toothbrush. **Only children aged 3 and above** are permitted to take part in the Brush Bus programme. Children over the age of three years should use an amount of toothpaste the size of their baby finger nail. (Please see illustrations below for guidance.) Please **do not** put excess amount of toothpaste on the paper towel/plate. (1450ppm fluoride toothpaste will be used for children aged 3 years and above)
5. Children should be asked to swallow any saliva in their mouth prior to commencing toothbrushing and should be encouraged to use the paper towels to wipe away any excess toothpaste afterwards. Rinsing out should be discouraged.
6. Toothbrushes should be rinsed thoroughly under cold running water before replacing them in the brush bus/rack. Brushes should **not** be soaked in Milton's diluted solution.
7. The Brush Buses/racks require regular cleaning once a week, using only warm water and soap. Alternatively the Brush Buses/ racks can be placed safely in the dishwasher.

Thank You for your help and co-operation.

