

Appendix 3

Guidelines for Brush Bus Toothbrushing Programme

Brushing Programme

1. Staff are responsible for the toothbrushing programme on a daily basis and all staff should be familiar with the Core Standards.
2. Toothbrushing programmes must be supervised by a member of staff.
3. Each child will be allocated his / her own toothbrush which corresponds to the colours / symbol on the brush bus/rack.
4. A member of staff will be responsible for placing the fluoride toothpaste on to a paper towel/ plate before transferring it to a dry toothbrush. **Only children aged 3 and above** are permitted to take part in the Brush Bus programme. Children over the age of three years should use an amount of toothpaste the size of their baby finger nail. (Please see illustrations below for guidance.) Please **do not** put excess amount of toothpaste on the paper towel/plate. (1450ppm fluoride toothpaste will be used for children aged 3 years and above)
5. Children should be asked to swallow any saliva in their mouth prior to commencing toothbrushing and should be encouraged to use the paper towels to wipe away any excess toothpaste afterwards. Rinsing out should be discouraged.
6. Toothbrushes should be rinsed thoroughly under cold running water before replacing them in the brush bus/rack. Brushes should **not** be soaked in Milton's diluted solution.
7. The Brush Buses/racks require regular cleaning once a week, using only warm water and soap. Alternatively the Brush Buses/ racks can be placed safely in the dishwasher.

Thank You for your help and co-operation.

