

Appendix 2

Core standards for Brush Bus Toothbrushing Programme

Toothbrushing in a dry area

1. The supervisor or child is responsible for collecting the toothbrush from the Brush Bus/Rack.
2. An unfolded disposable paper towel is placed on the desk in front of the child and the appropriate amount of toothpaste (guidelines - see appendix 3) is dispensed onto the paper towel by the supervisor.
3. Children may be seated or standing whilst toothbrushing takes place.
4. After toothbrushing is completed, children can wipe away excess tooth paste into the disposable paper towel.
5. Tissues / paper towels must be disposed of immediately after use in a refuse bag.
6. Tooth brushes can either be:
 - a) Returned to the Brush Bus/ Rack by each child and taken to an identified sink area by the supervisor who is responsible for rinsing each tooth brush individually under cold running water.
 - b) Rinsed at a designated sink area where each child is responsible for rinsing their own tooth brush under running water. If children are unable to do this themselves a member of staff must undertake this activity.
7. After the rinsing of the toothbrushes is complete, the child or the supervisor is responsible for shaking of excess water into the sink.
8. Toothbrushes are returned to the Brush Bus/Rack by the supervisor or child and allowed to dry.
9. Disposable paper towels / medi wipes should be used to clean any drips visible on the Brush Bus/Rack and the lid must be replaced as soon as the brushes have air dried. The Brush Buses/Racks should be cleaned once a week using warm soapy water then allowed to air dry.
10. Toothbrushes do not need to be soaked in Milton or other cleaner / disinfectant.
11. Cleaning must be carried out by an appropriate adult who is also responsible for rinsing sinks after toothbrushing is completed.
12. Local monitoring of the toothbrushing programme will take place at timely intervals. This may involve an observation of the toothbrushing session or a telephone call to obtain feedback.

(Adapted from National Standards for Toothbrushing Programme – (Child Smile NHS Scotland, 2013) Jan 2006 (Revised Oct 2013)