

City Health Training Brochure





About us

City Health Care Partnership CIC (CHCP CIC) is an independent for better profit co-owned business providing a wide range of health and care services to over a half a million people in Hull, the East Riding of Yorkshire, North and North East Lincolnshire, Wigan, St. Helens and Knowsley. We employ approximately 2500 people. As a staff-owned organisation we are a proactive, forward thinking organisation and work hard to ensure our teams feel valued, motivated and trained to the highest standards.

We developed our City Health Training package to offer education and training opportunities for external partners alongside our own staff, using our dedicated training team. The team has a strong track record of providing excellent, evidence based courses and all our trainers have a recognised teaching qualification. We are quality assured through Health Education Yorkshire and the Humber (HEYH) and Skills for Health, and we conduct annual audits against recognised national quality standards. Continually striving for excellence, we also carry out our own regular evaluations of training courses.



Course Dates

Enquiries

For general enquiries and course dates, please contact us by email or telephone at:

Email: CHCP.CityHealthTraining@nhs.net

Telephone: 01482 347660

Bookings

Please complete the booking form at the back of this brochure and send via email to;

Email: CHCP.CityHealthTraining@nhs.net

Bookings must be made at least 14 days in advance of the date of the course. Sometimes in exceptional circumstances we may be able to accommodate at short notice call 01482 347660 to check.

Payment

All customers will receive an invoice for bookings made. Payment is required within 7 working days of the invoice issue date or prior to the date of the course (whichever is sooner). All bookings must be paid for prior to attendance on the selected course.

Payments can be accepted via BACS, credit or debit card or cheque.

Bespoke Training

We are able to deliver bespoke training to meet more specific workplace needs in a range of subject areas. We can also provide training in your own workplace on request.

Charity & Voluntary Bookings

We are pleased to offer a 20% discount for all charity & voluntary organisations. This applies to both individual and bespoke bookings.

Terms & Conditions

Further detail and terms and conditions are available at the back of this training brochure or separately on our website www.chcpcic.org.uk.

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Business, IT & Administration

	Customer Care
Who is the course for?	Individuals who are required to deal with patients / customers on the phone or in person.
Course duration	2.5 hours
Aim/objectives	Aim
	By the end of this session, delegates will be able to demonstrate how good customer service can help an organisation prosper and encourage repeat business.
	Objectives
	 Delegates will learn tools and techniques for handling a variety of situations
	Understand the principles of effective communication
	Provide an overview of best practice skills required to exceed customers expectations
Course Content	Defining who are our customers
	What is good customer service and how important is it?
	Why how we perform matters
	Customer service standards and principles
	What does excellent customer service look like?
	Effective communication skills
	Building rapport, knowledge, skills and demeanour
	Tips and techniques for dealing with difficult customers
Cost	£40 plus VAT (one delegate place on a course)
	£250 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Good refresher on dealing with customers, tips, techniques and seeing issues from customer's perspective. Managing customer expectation"

"I think it has helped the staff to improve the service we provide and refresh how we should be speaking to patients"

Presentation Skills

Who is the course for?	Individuals who are preparing for or are required to deliver presentations or training.
Course duration	2.5 Hours
Aim/objectives	To provide delegates who carry out short presentations or training to internal or external staff, with the knowledge and skills to design and deliver effective presentations.
	To give delegates the confidence to use their skills through practice and constructive feedback.
Course Content	By the end of the session, participants will be able to:
	 Define what constitutes an effective presentation
	 Identify what should be considered when planning, developing and delivering presentations
	 Identify the key skills required for effective presentation
	 Identify a range of training methods and facilitation techniques to enhance presentations
	 Recognise the usefulness and limitations of PowerPoint

Cost

£40 plus VAT (one delegate place on a course) £250 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"This will help me develop teaching packages appropriate to my work environment and colleagues/ student nurses that are interesting, informative and accurate"

"Very good delivery enjoyed and learnt a lot. Got some great tips!"

Time Management and Personal Effectiveness

Who is the course for?	All staff who are required to improve their time keeping and time management skills for the workplace
Course duration	2.5 Hours
Aim/objectives	To make delegates aware of the concept of managing time as a crucial business and personal resource.
	To enable delegates to plan and control their own time and the influence they have on other peoples time.
Course Content	By the end of the course delegates will be able to:
	 Identify what effective time management is and its impact on themselves and the business
	Analyse how their own time is used and time stealers
	Formulate SMART objectives
	 Integrate proven time management techniques into daily processes
	 Proactively schedule tasks and construct weekly plans/ daily 'to do' lists
	 Assertively apply time management techniques to handle procrastination and interruption
Cost	£40 plus VAT (one delegate place on a course)
	£250 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Some extremely good tips, gave loads of time saving advice, thank you!"

"I will take some of the advice given to try and delegate tasks and re-assess my workload"

Chairing Meetings

Who is the course for?	Anyone who will be required in their role to lead/ chair meetings
Course duration	3 Hours
Aim/objectives	Aim; To be able to act as an effective chairperson in meetings
	Objectives;
	To be able to explain the purpose of effective meetings
	To understand the role of the chairperson before, during and after the meeting
	To be able to demonstrate the characteristics of an effective chairperson
	Have an understanding of the personality types and group behaviours that impact on effective meetings
Course Content	• What is a meeting/ what is the purpose
	Co-ordination
	• Quorum
	Role of the Chair
	• Agendas
	Minute Takers
	Do's and Don't's
	How groups behave
	Closing the meeting
Cost	£40 plus VAT (one delegate place on a course)
	£300 plus VAT for a group (to deliver at your workplace)

Microsoft Excel (Basic)

Who is the course for?	Individuals who would like to improve their IT skills and gain a better understanding of the Microsoft Excel software.
Course duration	3 Hours
Aim/objectives	To improve the skills and knowledge needed to effectively use Microsoft Excel through demonstration and practical exercises.
Course Content	This session is an introduction to the spreadsheet software Microsoft Excel and includes:
	Navigate and print worksheets
	Amend headers and footers
	Cell data, auto fill and copying data
	Creating hyperlinks
	Format worksheets and cells
	Create rows and columns
	Use page set up options
	Find and replace
	Filter and sort
Cost	£50 per session plus VAT (one delegate place on a course) £235 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Excellent - Thank You. I am not very IT literate and Ellie was very patient, explained things in a simple, clear and concise way. I was nervous at attending today and feel so much more confident, Thank You"

"I'm new to role and have not used spreadsheets on the scale I am, so was very useful to me"

"Well worth doing this course, delivered really well, easy to understand"

Microsoft Excel (Intermediate)

Who is the course for?	Individuals who would like to improve their IT skills and gain a better understanding of the Microsoft Excel software.
Course duration	3 Hours
Aim/objectives	To improve the skills and knowledge needed to effectively use Microsoft Excel through demonstration and practical exercises.
Course Content	This session is an intermediate level training on spreadsheet software Microsoft Excel and includes:
	 Autosum functions Data validation Concatenate formula Enforcing precedence in calculations Formulas and functions explained Using logical conditions and arguments Look up functions in Excel Creating charts Presenting data Conditional formatting
Cost	£50 per session plus VAT (one delegate place on a course) £235 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Completely changed the way I would work with presentations and spread sheets"

"Ellie has shown us ways to use Excel to make tasks more efficient and effective. Ellie is a fantastic teacher. So knowledgeable, informative and friendly. Thank you"

Microsoft Word

Who is the course for?	Individuals who would like to improve their IT skills and gain a better understanding of the Microsoft Word software.
Course duration	3 Hours
Aim/objectives	To improve the skills and knowledge needed to effectively use Microsoft Word through demonstration and practical exercises.
Course Content	This session is an introduction to the word processing software Microsoft word and includes:
	• Work in different views, windows and magnify
	• Save a document, apply a template to a document
	Format content in word
	Change indentations, space settings and paragraphs
	Create a basic table in word
	Apply bullets and numbering to documents
	Set page breaks and section breaks
	Create page backgrounds
	Insert and use headers and footers
	Use images and graphs
	Add Text Boxes
	Use spell checking and auto correct
	Use referencing and hyperlinks
	Create a 'Table of Contents'
	Mail Merge
Cost	£50 per session plus VAT (one delegate place on a course)

£235 plus VAT for a group (to deliver at your workplace)

Outlook (Emails & Calendars)

Who is the course for?	Individuals who would like to improve their IT skills and gain a better understanding of the Microsoft Outlook software. This course is aimed at staff who are new to using outlook/ beginners
Course duration	3 Hours
Aim/objectives	To improve the skills and knowledge needed to effectively use Microsoft Outlook through demonstration and practical exercises.
Course Content	This session is an introduction to emails, calendars and tasks software 'Microsoft Outlook ' and includes:
	Managing calendars
	Managing contacts and tasks
	 Use of various flagging systems and message status
	Search and filter email messages in inbox
	Create and send Emails
	Insert pictures into a message
	Insert Hyperlinks into a message
	Manage styles and themes
	Attach content to emails
	Create an auto signature
	Manage your inbox and junk mail
	Create contacts and group contacts
	Use meeting requests
	Create appointments
Cost	£50 per session plus VAT (one delegate place on a course) £235 plus VAT for a group (to deliver at your workplace)

Microsoft Power-Point

Who is the course for?	Individuals who would like to improve their IT skills and gain a better understanding of the Microsoft PowerPoint software.
Course duration	3 Hours
Aim/objectives	To improve the skills and knowledge needed to effectively use Microsoft PowerPoint through demonstration and practical exercises.
Course Content	This session is an introduction to the presentation software Microsoft PowerPoint and includes:
	Understanding the power point layout
	How to add and delete slides
	Creating presentations and formatting slides
	Customising slides
	Inserting pictures
	Formatting graphics and images
	Word art and shapes
	 Inserting video files and embedding internet streams
	Inserting audio content
	Inserting tables and charts
	Introduction to transitions and animations
Cost	£50 per session plus VAT (one delegate place on a course) £235 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"This training will definitely enhance my presentations going forward. Lots of timesaving tricks learned that will be very beneficial – thanks"

"I often need to put together power-point presentations, I was self taught - now I will use the tools used on this course"

Clinical Skills and Clinical Support

Phlebotomy Skills

Who is the course for?	Registered nurses and health care support staff.
Course duration	2 Hours—Basic Phlebotomy
	3 Hours—Advanced Phlebotomy
Aim/objectives	This session provides the theoretical knowledge of venepuncture (obtaining venous blood samples for analysis) prior to participants undertaking supervised clinical practice in the workplace with a named mentor in order to achieve competence.
Course Content	 How to reassure individuals prior to, during and after blood collection
	 Recognition of infection control and risk measures appropriate to the procedure
	Factors to consider in choosing the most appropriate site
	• The correct technique for taking blood samples, potential problems and how to overcome them, including the procedure to follow when a specimen is not obtained.
	• The importance of accurate and concise documentation
	 The legal and professional responsibilities in relation to NMC guidance
	 The Code of Professional Conduct, accountability, delegation and supervision of support workers
	Following this session, participants need to undertake a period of supervised practice in the workplace with a suitably qualified registered nurse mentor in order to achieve competence.
Cost	£50 plus VAT (one delegate place on a course) Basic Level
	${ m \pounds60}$ plus VAT (one delegate place on a course) Advanced Level
	£300 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Friendly, knowledgable facilitator - delivered the course content in a manner which I understood. Plenty of opportunity to ask questions and practical practice."

"Really enjoyed this training session! Very informative in a relaxed atmosphere! Anna makes it easy to understand."

Safe and Effective Chaperoning	
Who is the course for?	Clinical or non-clinical staff who are expected to act as chaperones i.e. receptionists, support workers, nurses and managers.
	Doctors and nurses who delegate this responsibility or use chaperones would also benefit from this session.
Course duration	2 hours
Aim/objectives	Aim
	To ensure that the participants are able to act as a safe and effective chaperone in a clinical setting.
	Objectives
	 To understand what is meant by the term "Chaperone"
	To understand what an intimate examination is
	 To know when a chaperone might be required or requested
	 To be aware of the rights of the patient
	• To understand the role and responsibilities of the chaperone
	To know how to raise concerns
Course Content	The role of the chaperone
	Chaperoning in relation to:
	Confidentiality
	Consent
	Capacity
	Children and consent
	 Key cases leading to changes in practice
	Raising concerns
	Practice scenarios

Cost

£40 plus VAT (one delegate place on a course) £300 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Trainer was very informative and her explanations very well delivered she gave us every opportunity to make suggestions and ask questions"

Introduction to Medical Terminology

Who is the course for?	Staff who need to understand commonly used medical terminology in order to undertake their role i.e. receptionists, secretaries and clinical support workers.
Course duration	2 Hours
Aim/objectives	Aim
	To gain a basic awareness of commonly used terminology and abbreviations relating to medical conditions and treatments.
	Objectives
	• To understand the basics of word building and pronunciation
	To have a basic knowledge of anatomical terms
	 To develop an awareness of the systems of the body
	 To have an understanding of commonly used terms and abbreviations relating to investigations and treatments
Course Content	 Prefixes, suffixes and root words
	Systems of the body
	Endocrine system
	Gastrointestinal system
	Urinary system
	Respiratory system
	Nervous system
	Musculo skeletal system
	Circulatory systemReproductive system
	 Common abbreviations
	Quiz

Cost£40 plus VAT (one delegate place on a course)£300 plus VAT for a group (to deliver at your workplace)

Record Keeping & Documentation

Who is the course for?	Anyone involved in maintaining clinical records
Course duration	1.5 hours
Aim/objectives	Aim To refresh the basic principles of record keeping
	Objectives
	To explore the potential difficulties in record keeping
	Establish what constitutes documentation
	Explore the variety of methods of keeping records
	Examine legal issues relating to record keeping
	 Understand professional standards associated with record keeping
Course Content	What constitutes records
	Why keep good records
	Examples of poor record keeping
	Key principles of good record keeping
	 Negligence and the law with real life scenarios
Cost	£40 plus VAT (one delegate place on a course)

£300 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Well presented, informative and relevant course timescale and participation was just right"

"I am now more confident in my knowledge in keeping records to a good standard. Enabling me to write records from a defensible stance"

Basic Observations & Sepsis in the Community

Who is the course for?	HCA's Telehealth Staff Care /Residential Home Staff Intermediate Care Staff
Course duration	2 hours
Aim/objectives	 Aim Give theoretical knowledge of the NEWS2 process in order to support the holistic assessment of the deteriorating patient and explore the appropriate reporting mechanisms within practice Objectives
	By the end of the session participants will be able to;
	 Evidence an understanding of NEWS2 documentation
	 Demonstrate knowledge of the normal parameters of basic observations including temperature, blood pressure, O2 sats and respirations
	 Explore an awareness of reporting mechanisms when identi- fying a deteriorating patient
	 Demonstrate the process of undertaking basic observation measurement within the classroom environment
	Sepsis Awareness
Cost	£40 plus VAT (one delegate place on a course)
	£300 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Fantastic trainer. Great knowledge. All questions answered fully"

"Trainer made it not "just another" training course. Trainer was good and involved in keeping in practice and made it fun and interesting to learn"

"Really good, clear accurate, Good knowledge, good understanding. Really positive. Really friendly"

Oxygen Therapy Safety & Pulse Oximetry

Who is the course for?	Any health care or non health care profession who needs to use
	a pulse oximeter within their role. Any health care professional or non health care professional supporting the care of patients
	with oxygen at home.
Course duration	2 Hours

Aim/objectives Pulse Oximetry

To understand how a pulse oximeter works and recognise poor waveforms

- Identify factors that may effect pulse oximetry readings, including external influences and the patients condition
- Learn how to assess respiratory distress and hypoxia
- Recognise different oxygen delivery systems, advantages and disadvantages

Oxygen Therapy Safety

To understand

• The background and benefits for Home Oxygen Assessment and Review Services

- The Referral and Exclusion Criteria to the HOSAR services
- HOOF and IHORM documentation
- Holiday Oxygen Orders
- When oxygen is appropriate in palliative care
- The different oxygen provisions

• When oxygen therapy is appropriate in cluster headache treatment

- The Good practice guide to blood gas sampling
- Ambulatory oxygen assessments

• The dangers of oxygen therapy near any heat source and the importance of safety messages

£195 plus VAT for a group (to deliver at your workplace)

Cost

Gastrostomy

Who is the course for?	Staff who may care for people who have a gastrostomy
Course duration	2 Hours
Aim/objectives	 Understand what a gastrostomy is, and why one may be re- quired
	 Associated Anatomy & Physiology
	 Identify the different types of gastrostomy device, and when they may be used
	Stoma care
	Methods of feeding
	 Be aware of the important do's and don'ts when caring for someone who has a gastrostomy tube
	Understand your role within gastrostomy care
	 Develop new skills or refresh existing skills –Feeding some- one who has a gastrostomy
	Trouble shooting
	 Develop new skills or refresh existing skills –Administering medication via a gastrostomy
Course Content	Why / What of gastrostomy
	NICE guidance
	Button devices
	• Feeds
	Infections/ Problems
	Practical Session
Cost	£50 plus VAT (one delegate place on a course) £300 plus VAT for a group (to deliver at your workplace)

Tracheostomy

Who is the course for?	Those registered and non-registered staff who are caring for adult
Course duration	5.5 hours
Aim/objectives	The aim of the tracheostomy care workshop is for the student to have an awareness of what a tracheostomy is and the possible reason for one being in situ. Following the session, the student will have an awareness of the safe care of a patient with a tracheosto- my tube.
Course Content	 Recognise what a tracheostomy is and why one may be necessary Label relevant anatomy and physiology Be aware of procedure and discuss the patient journey Identify and discuss complications and trouble-shooting Recognise different types of tracheostomy Nursing care Life with tracheostomy Discuss emergency procedure and your role
	The learner must be compliant with the annual Basic Life Support training (link for elearning is available by request).
Cost	£50 plus VAT (one delegate place on a course) £350 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Really learnt a lot. Relaxed atmosphere. Down to earth training. Thank you"

Pressure Ulceration Management

Who is the course for?	Clinical Practitioner/registered nurse
	(presentation can be adapted for HCA's)
Course duration	2.5 Hours
Aim/objectives	Aim
	To ensure all staff have an understanding of how and why pressure ulcers develop
	Provide the knowledge and tools required to assess pressure dam- age
	Ensure that staff are aware of the most the appropriate equipment available to minimise pressure damage or further deterioration in a wound.
	Objectives
	By the end of the session the participant will be able to:-
	 Describe what is meant by the term pressure ulcer Discuss the basic structure and functions of the skin Identify the common sites where pressure damage can occur Demonstrate knowledge of the assessment process in the management and prevention of pressure ulceration Demonstrate why good record keeping is essential in the management of pressure ulceration Explain what you need to do when a pressure ulcer is identified
Course Content	Structure of the skin
	Function of time and pressure
	Extrinsic factors
	How to stop ulcers
	Grading ulcers
	Hot to assess and factors to consider
	NICE guidance and equipment
	Prevention of recurrence
	•
Cost	£50 plus VAT (one delegate place on a course)
	£350 plus VAT for a group (to deliver at your workplace)

Respiratory Academy

Who is the course for?	Nursing Staff	
Course duration	1 full day <u>OR</u> 4 x two hour sessions (one per week)	
Aim/objectives	 This academy programme will cover the following topics; Asthma Cryptogenic fibrosing alveolitis Hazards of oxygen Inhaled device techniques Pulse Oximetry Smoking and oxygen therapy Staged approach to COPD managment 	
Cost	£80 plus VAT (one delegate place on a course) £450 plus VAT for a group (to deliver at your workplace)	

Delegates feedback from this course;

"Thought provoking training and great to be made aware of crucial role of healthy routes" "Very engaging presentation. Useful pointers for when doing COPD home visits" "Very useful session, will help towards my role in the community"

Paediatric Respiratory Academy

Who is the course for?	Nursing Staff
Course duration	1 full day <u>OR</u> 4 x two hour sessions (one per week)
Aim/objectives	This academy programme will cover the following topics;
	Children and oxygen therapy
	Paediatric Asthma
	Paediatric inhaled device techniques
	Respiratory examination

Cost

£80 plus VAT (one delegate place on a course) £450 plus VAT for a group (to deliver at your workplace)

	Inhaler Training		
Who is the course for?	Care Home Staff		
Course duration	One hour		
Course Aim	To provide theoretical and practical training on inhaled device technique		
Course Objectives:	 To discuss the history of inhaled medicine To learn how to use different inhalers To support learning with a telephone app 		
Course Content	Theory and practical demonstration of inhalers, their use and effects / side effects		
Cost	£185 + VAT for a group (to be delivered at your workplace)		

Person Centred Working

Dignity and Respect

Who is the course for?	Individuals who require an awareness of dignity and respect and how to promote this within the workplace.	
Course duration	2 hours	
Aim/objectives	Aim To promote dignity and respect in all aspects of business.	
	Objectives	
	On completion of the workshop, delegates will:	
	 Be aware of how patients and customers feel when they are not treated with respect 	
	Know what constitutes best practice when providing services with dignity and respect	
	Understand the reasons why unacceptable staff attitudes and practices must be replaced where they exist	
Course Content	Definition and principles of dignity	
	Definition and principles of respect	
	How to promote dignity and respect in the workplace	
	 Benefits of utilising principles of dignity and respect in the workplace 	
	Legislation and policy	
	Best practice	
Cost	£40 plus VAT (one delegate place on a course)	
	£220 plus VAT for a group (to deliver at your workplace)	

Delegates feedback from this course;

"Informative, good pace, informal and interactive. Ideal! All common sense stuff" "Very interesting, reaffirmed things relating to dignity and respect in all our areas"

Equality, Diversity & Inclusion (incl Hate Crime)

Who is the course for?	All staff groups	
Course duration	1 hour	
Aim/objectives	Aim To raise awareness of corporate and individual responsibilities regarding Equality and Diversity in the workplace.	
	Objectives	
	 By the end of the session delegates will: Explore and understand the difference between equal opportunities and diversity 	
	 Understand the responsibilities of individuals and organisations according to current and relevant legislation 	
	Explore the seven types of discrimination	
Course Content	 Definition of Equality and Diversity Principles of Equality and Diversity Legislation and legal aspects Protected characteristics What is discrimination How to tackle discrimination What is hate crime 	
Cost	£40 plus VAT (one delegate place on a course) £170 plus VAT for a group (to deliver at your workplace)	

Mental Capacity Act—Awareness

Who is the course for?	Aimed at all staff that work with adults aged 16 or over			
Course duration	1 hour			
Aim/objectives				
	Aims :-			
	To familiarise staff with the main aspects of the Mental Capacity Act 2005 and Deprivation of Liberty Safeguards.			
	Objectives:-			
	In this session we will cover:			
	The 5 principles of the MCA 2005. How and when to assess capacity including the 2 stage test for capacity. Best interests decisions making and Lasting Powers of Attorney (LPA) . When to instruct an Independent Mental Capacity Advocate (IMCA). Advance Decisions to Refuse Treatment (ADRT) The Deprivation of Liberty Safeguards (DoLS). Section 44 offence of ill-treatment and wilful neglect.			
Cost	£40 plus VAT (one delegate place on a course)			

£170 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"I found the training informative, interactive and extremely entertaining. Excellent presentation and the engagement of the 'room' was at the right level"

"Very informative, will continue to use information learnt today in my current practice"

ADHD Awareness

Who is the course for?	Those who are interested in learning more about ADHD including schools, colleges and workplaces	
Course duration	2 hours	
Aim/objectives	• For the learner to develop a greater understanding of ADHD and to raise awareness of the condition	
	To raise awareness of the importance of medication monitoring	

• To support understanding of the impact ADHD can have in the classroom, workplace and home environment

Course Content	• Famous faces with ADHD and reported impact of their condition including their self reported benefits of ADHD!
	Pathophysiology
	The potential impact for children and young people
	The potential impact in adulthood
	• Medication and the effects, including the ned to monitor
	Strategies/adaptations to manage symptoms
	£40 plus VAT (one delegate place on a course)
Cost	£300 plus VAT for a group (to deliver at your workplace)

Clinical Holding

Who is the course for?	Clinical practitioners & other Staff who work in a range of settings with children and adults who will not or cannot consent to essential care and treatment; who engage in behaviour that compromises the safety of the clinical procedure; and where a failure to safely carry out such care and treatment will compromise the health, safety, and well-being of those involved.	
Course duration	1 Day	
Aim/objectives	Aims	
	To enable participants to hold an individual safely during clinical assessment and treatment procedures.	
	To enable participants to make evidence-based decisions about the use of Clinical Holding.	
	Objectives	
	 Describe reasoning for decisions made to restrict a person's movement that can be evidenced against legal and professional benchmarks for risk reduction. 	
	Explain risks associated with the use of restrictive holds or physical restraints.	
	3. Demonstrate verbal and non-verbal de-escalation strategies.	
	4. Demonstrate use of holding skills consistent with a set of physiological principles that may be used in varying clinical	

5. Demonstrate how to disengage from various holds using a consistent set of physiological principles.

environments to restrict movement and minimise risks.

Cost£80 plus VAT (one delegate place on a course)£450 plus VAT for a group (to deliver at your workplace)

Moving	an	d Handling Basic Clinical	
Who is the course for?	any p	who are patient facing in a clinical setting, who do NOT use patient moving equipment. e.g. hoists, in bed systems, stand slide sheets, patient turners.	
Course duration	1.5 Hours		
Aim/objectives	Aim :-		
		To promote safer methods for patient handling, and assist with the development and maintenance of a healthy workforce.	
	Obje	ectives:-	
		Have a basic knowledge of moving and handling operations and legislation.	
		Be aware of safe postures, and the principles of safe moving and handling.	
		Understand the process of an ergonomic risk assessment, and the need for ergonomic solutions to moving and handling problems.	
	•	Be aware of unsafe handling practices.	
Course Content		A basic overview on: Health and Safety at Work Act 1974, Manual Handling Operations Regulations 1992, Reporting Injury, Diseases, Dangerous Occurrences Regulations 2013, Provision and Use of Work Equipment Regulations 1998, Lifting Operations and Lifting Equipment Regulations 1998.	
	•	The importance of accurate and concise documentation.	
		Risk Assessments formal and fluid, looking at hazards and risks. Recording what has been identified.	
	•	Reporting procedures.	
	•	Function of the spine.	
	•	Principles to reduce injury.	
	•	Highlight controversial techniques.	
	•	Practical aspect will include all techniques which have been identified as required by participants and their manager.	

£40 plus VAT (one delegate place on a course)

£220 plus VAT for a group (to deliver at your workplace)

Moving and Handling Advanced Clinical

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Who is the course for?	Staff who are patient facing in a clinical setting, who use any patient moving equipment. E.g. hoists, in bed systems, stand aids, slide sheets, patient turners.
Course duration	3 Hours
Aim/objectives	Aim :-
	 To promote safer methods for patient handling, and assist with the development and maintenance of a healthy workforce.
	Objectives:-
	 Have a basic knowledge of moving and handling operations and legislation.
	• Be aware of safe postures, and the principles of safe moving and handling.
	 Understand the process of an ergonomic risk assessment, and the need for ergonomic solutions to moving and handling problems.
	Be aware of unsafe handling practices.
Course Content	• A basic overview on: Health and Safety at Work Act 1974, Manual Handling Operations Regulations 1992, Reporting Injury, Diseases, Dangerous Occurrences Regulations 2013, Provision and Use of Work Equipment Regulations 1998, Lifting Operations and Lifting Equipment Regulations 1998.
	• The importance of accurate and concise documentation.
	 Risk Assessments formal and fluid, looking at hazards and risks. Recording what has been identified.
	Reporting procedures.
	• Function of the spine.
	Principles to reduce injury.
	Highlight controversial techniques.
	 Practical aspect will include all equipment which has been identified as required by participants and their manager.
Cost	£50 plus VAT (one delegate place on a course)

£300 plus VAT for a group (to deliver at your workplace)
	Dementia Awareness
Who is the course for?	All staff groups
Course duration	2.5 hours
Aim/objectives	Aim
	To enable individuals to gain an understanding of the complex issues involved in caring and supporting people with a cognitive impairment and their families and carers
	Objectives
	To understand what is meant by the term dementia and its prevalence in the UK
	To identify and recognise the types of dementia and the different signs and symptoms
	To consider various techniques for communicating successfully with people with dementia
	To identify some of the' behaviours' that can present in dementia and how to respond positively to these
	To gain an understanding of the 'unmet need' and how to meet the needs of people with dementia
	To recognise signs of distress and be able to diffuse anxiety by understanding the person's experience of dementia
	To understand the persons need for 'a past reality' and how to meet these needs using Validation techniques
	To recognise the impact of diversity, equality and inclusion on the experience of dementia
Cost	£45 plus VAT (one delegate place on a course)
	£250 plus VAT for a group (to deliver at your workplace)

Delegates feedback from this course;

"Amazing training, so informative and emotional, definitely come away looking at dementia in a different way"

"Thoroughly enjoyed the course, gave me more knowledge and understanding of how to treat someone with dementia"

Life Support and First Aid

Level 3 Award in Emergency First Aid at Work

Course durationIdeal for lower risk businesses in accordance with current Health and Safety (First Aid) Regulations.Aim/objectivesAimAim/objectivesDepromote an understanding of the techniques required for a safe prompt and efficient response to accidents and injuries occurring in the workplace.Objectives• Develop knowledge of Health & Safety law in relation to first aid in the workplace• Develop knowledge of Health & Safety law in relation to first aid in the workplace• Exhibit effective communication skills required when dealing with workplace medical emergencies• Demonstrate competence during assessment of a casualty, placing emphasis on preserve, prevent and promote• Demonstrate Cardio Pulmonary Resuscitation (CPR) including safe use of AED• Recognise common medical emergencies and apply recognised treatment• Demonstrate appropriate skills for a specific range of first aid emergencies within the workplace
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 Demonstrate appropriate skills for a specific range of first aid emergencies within the workplace
emergencies within the workplace
• First aid priorities
Managing incidents
Basic life support
Examination of a casualty
Unconsciousness
Bleeding
Burns and scalds
Health & safety
First aid kits
Recording and reporting £60 plus VAT (one delegate place on a course)

Group bookings are available—price on enquiry



Level 3 Award in First Aid at Work

Who is the course for?	This course provides the knowledge and skills required for individuals who would like to become a confident first aider at work.	
Course duration	3 full days	
Aim/objectives	Aims	
	To promote an understanding of the techniques required for a safe prompt and efficient response to accidents and injuries occurring in the workplace.	
	Objectives	
	 Indicate knowledge of Health & Safety law in relation to first aid in the workplace 	
	 Exhibit effective communication skills required when dealing with workplace medical emergency. 	
	 Demonstrate competence during assessment of a casualty, placing emphasis on preserve prevent and promote 	
	 Demonstrate Cardio Pulmonary Resuscitation (CPR) including safe use of AED 	
	 Recognise common medical emergencies and apply recognised treatment 	
	 Demonstrate appropriate skills for a comprehensive range of First Aid emergencies within the workplace 	
Course Content	First Aid priorities	
	Managing incidents	
	Basic Life Support	
	Examination of a casualty	
	Unconsciousness	
	Bleeding	
	Burns and scalds	
	Common medical emergencies	
	Health & Safety	
	First Aid kits	
	Recording and reporting	
Cost	£160 plus VAT (one delegate place on a course)	

Group bookings are available—price on enquiry



Level 3 Award in First Aid—Requalification

Who is the course for?	Anyone needing to refresh their existing accredited qualification	
	This course must be completed no later than 28 days after the expiry date of your existing qualification.	
	3 yearly requalification is required.	
Course duration	2 full days	
Aim/objectives	Aims	
	To promote the principles of the techniques required for a safe prompt and efficient response to accidents and injuries occurring in the work place.	
	Objectives	
	 Increase knowledge of Health & Safety law in relation to first aid in the workplace 	
	 Exhibit effective communication skills required when dealing with workplace medical emergencies 	
	 Demonstrate competence during assessment of a casualty, placing emphasis on preserve, prevent and promote 	
	 To demonstrate Cardio Pulmonary Resuscitation (CPR) including safe use of AED 	
	 Recognise common medical emergencies and apply appropriate treatment. 	
	Demonstrate appropriate skills for a comprehensive range of first aid emergencies within the workplace	
Course Content	First aid priorities	
	Managing incidents	
	Basic life support	
	Examination of a casualty	
	Unconsciousness	
	Bleeding	
	Burns and scalds	
	Common medical emergencies	
	Health & Safety	
	First aid kits	
	Recording and reporting	
Cost	£110 plus VAT (one delegate place on a course)	

Group bookings are available—price on enquiry



First Aid refresher /update

Who is the course for?	The Health and Safety Executive strongly recommend that all staff with a current First Aid at Work qualification attend a 3 $\frac{1}{2}$ hour annual refresher.	
Course duration	3.5 hours	
Aim/objectives	Aim	
	To facilitate theoretical and practical updates, demonstrating continued competency of workplace first aid procedures and protocols.	
	Objectives	
	• To demonstrate effective communication skills required when dealing with an emergency situation	
	Exhibit competence during assessment of a casualty	
	Demonstrate knowledge of a comprehensive range of first aid subjects	

 Demonstrate appropriate skills for a range of first aid emergencies within the workplace

Course Content

- The role of the first aider including non-technical skills
- Prompt assessment of a casualty
- Recognition of medical emergencies within the workplace
- Care of the unconscious casualty
- How to administer cardiopulmonary resuscitation
- Treatment of common injuries within the workplace

Cost

£30 plus VAT (one delegate place on a course)



Basic Life Support, AED and Anaphylaxis (Adult)

Who is the course for?	Any individual working with adults who may be required in the course of their work to administer basic life support.
Course duration	3 Hours
Aim/objectives	Aim
	This session will equip delegates with the necessary knowledge and skills required to deal efficiently with emergency resuscitation situations by implementing recognised guidelines and procedures.
	Objectives
	 To develop knowledge and understanding of the principles and practice of basic life support
	• To demonstrate all required techniques for basic life support
	• To describe the correct procedure and indication for use of Automated External Defibrillator (AED) in accordance with current Resuscitation Council (UK) guidance
	 Recognise the signs of anaphylaxis and apply appropriate treatment and response procedures
Course Content	 Assessment and initiation of a prompt response
	Cardiopulmonary resuscitation
	Use of the pocket mask
	Safe use of AED
	Treatment of the unconscious casualty
	Treatment of choking
	Recognition and treatment of anaphylaxis
Cost	Please note this course is delivered as a group booking only.
	£300 plus VAT for a group of 8



Paediatric Basic Life Support and Anaphylaxis

Who is the course for?	Any individual working with children who may be required in the course of their work to administer basic life support.	
Course duration	3 Hours	
Aim/objectives	Aim	
	This session will promote the necessary knowledge and skills required to deal efficiently with paediatric emergency resuscitation situations in accordance with current Resuscitation Council (UK) guidance.	
	Objectives	
	 To demonstrate knowledge and understanding of the principles and practice of basic life support. 	
	To demonstrate all required techniques for paediatric basic life support.	
	 To demonstrate age appropriate techniques recommended for the treatment of airway obstruction in babies and children 	
	 Recognise the signs of anaphylaxis and apply appropriate treatment and response procedures. 	
Course Content	Assessment and initiation of a prompt response	
	Paediatric cardiopulmonary resuscitation	
	Use of the pocket mask	
	Treatment of the unconscious casualty	
	Treatment of choking for babies and children	
	Recognition and treatment of anaphylaxis	
Cost	Please note this course is delivered as a group booking only. £300 plus VAT for a group of 8	



Management of Anaphylaxis in Schools

Who is the course for?	Any individual working with children who may be required in the course of their work to administer support in the event of an allergic reaction.	
Course duration	Approximately 1 Hour	
Aim/objectives	Aim	
		re that all school staff are given the knowledge and skills to manage severe allergies in children at school
	that they	de school staff with the necessary information to ensure / are fully informed of what to do in the event of a child ncing an anaphylactic reaction
	Objectiv	ves
	By the e	nd of the session the participants will be able to:-
	• Dis	scuss what anaphylaxis is
	• Ex	plain what causes anaphylaxis
	• Lis	t some of the allergens associated with anaphylaxis
		scuss some of the symptoms displayed when someone is periencing and anaphylactic reaction
		plain how to manage a child who is experiencing an aphylactic reaction
		scuss the requirements for safe keeping of medication for Idren with allergies
Course Content	• Wh	nat is Anaphylaxis?
	• His	stamine
	• Alle	ergy Statistics
	• Wł	nat can Cause Anaphylaxis ?
	• Alle	ergy avoidance
	• Air	ways and Breathing
	• Ex	posure
	• Wh	nat are the school's responsibilities?
	• Re	cognition and Treatment
	• Ad	renaline and Auto Injectors

£140 + VAT for a group delivered at your workplace

End of Life Care

Sensitive Communication & Telephone Skills

Who is the course for? Course duration	Administrative and reception staff who want to have a better understanding of how to deal with difficult telephone calls from distressed clients or relatives that are suffering loss and bereavement 3 Hours		
Aim/objectives	This training session will provide participants with an understanding on how to;		
	• Reflect upon and update existing communication skills with patients, relatives, carers and colleagues		
	 Consider the impact or poor communication upon ALL interpersonal relationships 		
	Consider difficult or challenging communication scenarios		
	• Have an awareness of loss, grief and bereavement theories		
	 Appreciate the effects of different losses upon patients/ relatives and carers 		
	 Discuss potential ways in which difficult discussions / conversations can be managed sensitively 		
	 Gain skills which will support you to deal with telephone conversations with the bereaved / distressed 		
	 Enable the caller to feel comfortable and confident relaying information regarding difficult situations 		
	Acknowledge the importance of looking after yourself		
Course Content	This course will cover the art of sensitive communication, feeling comfortable and confident in the management of difficult scenarios including the event of bereavement.		
	This course will also develop your interpersonal skills to support you to provide the highest standards of customer care, and will give you an insight into the individual roles in delivering compassionate are to patients, relatives and colleagues.		
Cost	£50 plus VAT (one delegate place on a course)		
	£300 plus VAT for a group (to deliver at your workplace)		

End of Life Care Academy

Who is the course for?	Registered nurses and allied health professionals who work in primary or secondary healthcare, caring for patients nearing the end of their lives.		
Course duration	5 Face to Face sessions (3.5 hours each) supported by e-Learning modules Delegates need to make sure they can attend ALL sessions and complete the required supporting online material.		
Aim/objectives	 To apply, understand and examine the End of Life processes. Develop knowledge of pain assessment and rationale for Prescribing Develop skills in the management of fatigue for patients and their carers. Understand the complexities of nausea, vomiting and its management. Recognise oncological emergency & discuss appropriate interventions Understand the pathophysiology & management of dyspnoea Understand the complexities of psychological support / religious coping and spirituality. Develop an awareness about sexuality in end of life care. To update and further develop existing communication skills. Demonstrate an understanding of advanced care planning and best practice. Develop knowledge of the theories of loss, grief and bereavement and how you may manage this. To have an awareness of local policies and procedures related to anticipatory prescribing. Be able to recognise signs of dying, agitation and restlessness, possible causes and good practice in the management Develop an understanding of which diseases are classed as non-malignant conditions & potential treatments 		
Course Content	Face to face sessions;		
	Introduction to dying/ palliative care		
	Symptom control management (incl medication)		
	Religious coping & spirituality		
	Loss, grief and bereavement		
	Advanced Care planning and ReSPECT		
	Supporting e-Learning x 3 modules to complete		
Cost	£450 +VAT per person		

End of Life Care Academy for Non-Registered Staff

Who is the course for?	We are pleased to announce a new End of Life Academy programme for Health Care Assistants, Clinical Support Workers, Therapy Assistants and any other non registerd clinical staff.
	The programme has been designed to provide a comprehensive overview of the key issues related to
	End of Life Care.
Course duration	It is essential that participants commit to attend the whole day. The session will commence at 9am prompt and end at 5pm.
Course Content	Introduction: What is Palliative/ End of Life Care?
	Disease Trajectory: Cancer/ Non Malignant
	Recognising Symptoms: Including Management / Comfort Measures
	Oncological Emergencies
	Normality of Driving: Recognising Dying & Deterioration
	Communication: "What to do and how to say it" & Raising Concerns
	Advanced Care Planning
	Psycho-Social Support: Dealing with Loss
	Self Management: Support / Mindfulness / Resilience
Cost	£180 plus VAT (one delegate place on a course)
Dates:	25th April 2019, Business Support Centre
	2nd July 2019, Waffle 21 in Beverley
	14th October 2019, Bransholme Health Centre

Women's Health

About the Women's Health Trainers

Kay Merritt is an Advanced Nurse Practitioner in Women's Health and a Midwife of 30 years. Her qualifications include MSc Post Graduate Award in Medical Education (SRH), FSRH/BMS, Advanced Menopause Certificate, DFSRH, Faculty Registered Trainer and BASHH Intermediate STIF Competencies.



https://www.fsrh.org/education-and-training/

Kay has run a pessary clinic at the Alfred Bean Hospital in Driffield for more than two years and is happy to share her knowledge with you.

Feedback.....

"Really helpful and informative"

"Very down to earth and addressed the issues openly and in a friendly manner"

"Very informative session and the presenter very knowledgeable. Thank you"

"Great session, put my mind at ease"

"The programme exceeded my expectations. I found it very interesting and reassuring"

"I have found this session the best, the most informative session that has ever been given"

"Practical and interesting resources—helpful"

Understanding the Menopause

Who is the course for?	Any individual male or female wanting to know what menopause is, how it affects them as individuals and how to manage their symptoms. What choices are available to them?
Course duration	Approximately 1.5 Hour (or a 1 hour Briefing for Managers)
Aim/objectives	Aim
	To ensure that all attendees are given the knowledge and understanding of menopause to empower them to make the right choices for themselves by dispelling myths and conjecture. To provide attendees with the necessary resources and information to ensure they are fully informed of the choices available and support networks.
	Objectives
	By the end of the session the participants will be able to;-
	Discuss what the menopause is
	Explain what causes the menopause
	Discuss some of the symptoms displayed when someone is experiencing menopausal symptoms
	Discuss the choices of treatments available, what is evidenced based and which are experiential based.
	Medicine versus alternative therapies
	Discuss coping mechanisms in the workplace
Course Content	A presentation on the menopause. Useful tips and advice including the workplace. Advice on specialist referral pathways. Coping mechanisms
	Resource list with evidenced based information used in clinical settings.
Cost	Group bookings only:
	£180 + VAT for one hour briefing for managers
	£200 + VAT for 1.5 hour session
	Maximum Delegates for a group: 20

Vaginal Prolapse and Ring Pessary Fitting

Who is the course for?	Health Care Professionals or Allied Health Professionals working in primary or secondary care who are or intend to fit ring pessaries for prolapse.
	Women are living longer and with an aging population, genital prolapse is an increasing problem. Currently, healthcare professionals are frequently fitting pessaries in primary and secondary care removing and inserting the pessary device into the vagina to support the walls and related pelvic organs offering low risk management for women. This course offers an update for existing fitters or new staff to the role of fitting pessaries within their service.
Course duration	3.5 Hours
Aim/objectives	Aim: To provide health care professionals with the theoretical/practical skills and knowledge required safely fit and change pessaries.
	Objectives
	By the end of the session the participants will be able to;-
	Understand the causes of female genital prolapse
	Describe the signs and symptoms associated with this condition
	Discuss conservative & surgical options.
	Identify problems associated with ring pessaries and other forms of pessaries.
	Describe how to fit and change a ring pessary.
Course Content	Overview of the female genital tract
	Assessment and exclusion criteria. Risk factors, clinical features, management of pessaries. Workshop on the different types of pessaries practical workshop on how to fit a ring pessary. Trouble shooting and how to solve problems. Discuss genitourinary syndrome of menopause (GSM) including vaginal moisturisers, lubricants and Local oestrogen treatments
Competency	The course is geared so that on completion you will be well prepared to return to your clinical area to practice under supervision and work towards competence.
Cost	£80.00 + VAT per delegate For a 3.5 hour session. (3 Hours CPD)
	See page 54 for upcoming dates

Essentials of Contraception for Midwives

Who is the course for?	Midwives in secondary and primary care settings. To be eligible to register on an Essentials of Contraception for Midwives course, you must be a midwife registered with the NMC.	
Course duration	3.5 Hours	
Course Overview	This half-day course provides interactive up-to-date, evidence-based learning for midwives. The Essentials of Contraception for Midwives course is aimed specifically at Midwives working in primary care settings. It provides an interactive day with scenario based learning, presentations, time for discussion, questions and role play. It is relevant for Midwives needing an introduction to Contraception and provides a useful update for more experienced staff. It will help you develop the skills and confidence to consult with patients about contraception	
Aim/objectives	Aim	
	To provide Midwives with the theoretical/practical skills and knowledge required to inform women of current contraceptive choices.	
	Objectives	
	By the end of the session the participants will be able to;-	
	Describe the currently available contraceptive methods	
	Discuss the main advantages and disadvantages of these contraceptive methods	
	Identify contraindications to contraceptive methods by using the UKMEC	
	Understand when contraception can be started after pregnancy	
	Introduce contraception into consultations with pregnant and recently delivered women	
	Understand the use of "Bridging Contraception"	
Cost	£100.00 + VAT per delegate For a 3.5 hour session. (3 Hours CPD)	
	See page 54 for upcoming dates	

Vaginal prolapse and ring pessary

Wednesday 23rd October 2019 at 09:00-13:00 Thursday 12th December 2019 at 13:00—16:30 Thursday 13th February 2020 at 13:00—16:30 Wednesday 22nd April 2020 at 09:00—13:00

Venue: Second Floor Meeting Room, Wilberforce Health Centre, Story Street, Hull HU1 3SA Drinks will be provided

Essentials of contraception for Midwives

Thursday 21st November 2019 at 13:00—16:30 Thursday 23rd January 2020 at 13:00—16:30 Thursday 19th March 2020 at 13:00—16:30

Venue: Second Floor Meeting Room, Wilberforce Health Centre, Story Street, Hull HU1 3SA Drinks will be provided

Understanding the Menopause

This training is provided to groups upon request at their own site, to make enquiries about dates and prices for this training please email chcp.cityhealthtraining@nhs.net

City Health Training Booking Form

By completing this form you are agreeing to City Health Care Partnership CIC's terms and conditions as detailed on our website.

Please complete this booking form providing all of the information requested and return it to us:

CHCP.CityHealthTraining@nhs.net By email:

By Post: City Health Training, City Health Care Partnership CIC, Business Support Centre, 5 Beacon Way, Hull, HU3 4AE

Organisation Details				
Company name				
(GP code if appropriate)				
Invoice address				
Contact name				
Telephone number				
Email address				
	Course Details			
Title of course				
Date of course				
Deleveto nomo				
(if different to above)				
Delegate job title				
Delegate email address				
(if different to above)				
	Payment			
Course cost	Charity/Voluntary discount applies?			
Signature	I have read and agree to City Health Care Partnership's Terms and Conditions.			
Any special requirements				
Office Use only				
Booking made				
Confirmation Sent				
Finance	56			

City Health Training Booking Form - BESPOKE SESSIONS

USE THIS FORM IF YOU WOULD LIKE TO SET UP A TRAINING SESSION SPECIFICALLY FOR YOUR ORGANISATION.

By completing this form you are agreeing to City Health Care Partnership CIC's terms and conditions as detailed on our website.

Please complete this booking form providing all of the information requested and return it to us:

By email: CHCP.CityHealthTraining@nhs.net

Finance

By Post: City Health Training, City Health Care Partnership CIC, Business Support Centre, 5 Beacon Way, Hull, HU3 4AE

Organisation Details			
Company name			
(GP Code if appropriate)			
Invoice address			
Contact name			
Telephone number			
Email address			

Course Details			
Title of course			
Preferred date(s) for course			
Venue			
Number of delegates			
Staff group			
(for example: Health care staff, managers, teachers etc.)			

Payment					
Course cost		Charity/Voluntary discount applies?			
Signature	I have read and agree to City Health Care Partn	ership's Terms and Conditions.			
Office Use only					
Name of trainer					
Trainer confirmed					
Confirmation sent					

Terms & Conditions

A summary of our terms and conditions relating to all commercial training

1. Payment terms

All customers will receive an invoice for bookings; payment should be made within 7 days of the invoice issue date or 7 days prior to the course start date, whichever is sooner.

2. Course bookings

Bookings may be made by email or letter. Please quote purchase order numbers where applicable.

3. Transfers

Should circumstances mean that you need to transfer to another course; there will be no charge however transfers must be made more than 2 weeks prior to the course date

4. Cancellations

Should circumstances mean that you have to cancel your course and are unable to transfer your booking to another date, the following charges will apply;

- More than four weeks prior to the course start date no charge
- Two to four weeks prior to the course 50% of the course fee
- Less than two weeks prior to the course full fee.

NB Cancellation must be made in writing and received by CHCP CIC by the due date.

5. Non-attendance

If you do not attend a course, and you have not previously informed us, the full course fee remains payable.

6. Late arrivals/missed sessions

If you arrive late for a course or are absent from any session, we reserve the right to refuse to accept you for training if we feel you will gain insufficient knowledge or skill in the time remaining. In all such cases, the full course fee remains payable. To conform with Health and Safety Executive (HSE) requirements for statutory certificates, attendance at all sessions is mandatory.

7. Unforeseen circumstances

On occasion, unforeseen circumstances may require us to cancel a course. In such circumstances you will be given as much notice as possible and either a free transfer to another course date or a full refund of fees paid.

8. Requalification courses

To be eligible to attend an HSE two-day Requalification course, students must present a valid *First aid at work* certificate.

9. VAT

All course fees are subject to the current VAT (valid exemptions only).

10. Fair processing

All information that we hold concerning you will be held and processed by CHCP CIC strictly in accordance with the provisions of the Data Protection Act 1998.

Such data will be used by the organisation to administer our relationship with you as a customer. We will not, without your consent, supply your name and addresses to any [other] third parties except where (1) such transfer is a necessary part of the activities that we undertake, or (2) we are required to do so by operation of law.

As an individual, you have a right under the Data Protection Act 1998 to obtain information from us, including a description of the data that we hold on you.