# chcp



Social Accounts 2018/19

City Health Care Partnership CIC

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City Health Care Partnership CIC is a socially-responsible community interest company; our social accounts measure how we create social value to improve the lives of people in the areas where we work, over and above what we are paid to deliver.

We choose a few projects or teams each year as examples of our work to measure for our social accounts and show how much social value we are creating, but these are only a glimpse of the work we do to help people to be healthier and happier.

Andrew Burnell
Group Chief Executive



### Strokestra<sup>©</sup>

Strokestra developed from a pioneering collaboration between our integrated stroke services and the Royal Philharmonic Orchestra, working with Hull City Council's Health and Wellbeing Board and Hull Public Health.

This unique partnership brings together musical and clinical expertise to use creative group music-making to help stroke survivors in their recovery. Participants of Strokestra learn to play a range of percussion instruments, learning about rhythm and changing the quality and tone of the sounds they produce. They develop a variety of skills as well as their increased awareness of rhythm and musical sound generation; then, working as a whole ensemble, they produce music.



"If you have a stroke, you think your life is completely over, because you can't do what you did before. But coming here, you found out that you can do things and it's been very interesting. Everyone's the same, we've always got something, you know, different attitude and you know but actually everybody has got a big smile on their face these days, which they didn't have before."

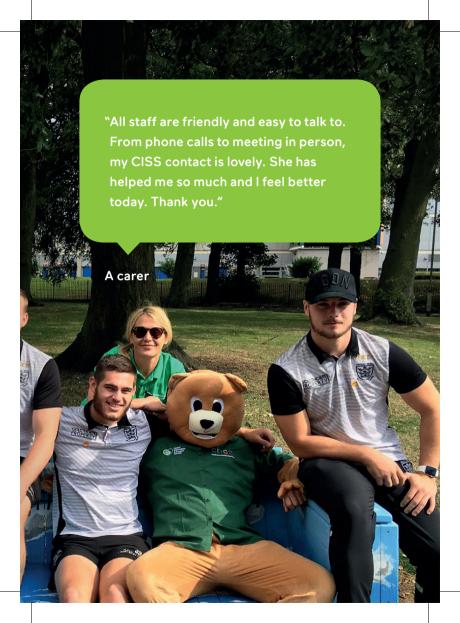


# Carers' Information and Support Service (CISS)

CISS is a tailored and flexible service for people over 18 and their families caring for a family member or friend who, because of illness, disability, frailty, mental health or addiction issues could not cope without their support. CISS focusses on seeking out 'hidden' carers and supported 993 Hull carers this year.







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## **HealthyRoutes**

Based in Wigan, HealthyRoutes is a free service focused on reducing smoking and alcohol intake, weight management, encouraging physical activity and improving general wellbeing. The team offers appointments with CHCP health advisors in 62 community settings, including two high street shops, and works collaboratively with other agencies to tackle the root causes of poor health and make life better for everyone in Wigan, underpinned by the principles of 'The Deal' between Wigan Council and its residents.





#### **Brush Bus**

Poor oral health remains a disease of poverty amongst children in Hull and the East Riding of Yorkshire. 38% of children in Hull have tooth decay and it's the biggest cause of hospital admissions nationally for children aged 5-9.

The Brush Bus is a targeted tooth-brushing programme that teaches children, teachers, nursery assistants, parents and carers about dental care and oral health. It gives toothbrushes and paste to around 4,000 children each year and its work helps to relieve the pressure on NHS dental services.

Better oral health also improves children's confidence and self-esteem, which has an impact on their achievements at school.





### Podiatry for Homeless People

CHCP runs a podiatry clinic for homeless people at The Crossings scheme in Hull. People using the clinic don't need an appointment, an address or to be registered with a GP (often barriers to accessing health services).

20% of homeless health problems are foot-related; homeless people are at risk of ulceration, trench foot, infection and frostbite. The clinic treats nails, corns, calluses, in-growing toenails, wounds, ulcers and other conditions, improving people's lives from the feet up. The confidential one-to-one podiatry sessions are used to gain people's trust, removing barriers so they can get the help they need from other services.

The service saw 69 patients last year and is planning an additional clinic at a city centre hostel.

