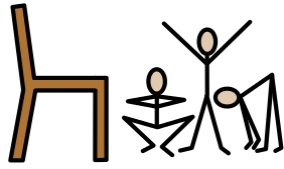
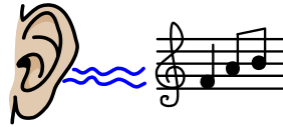




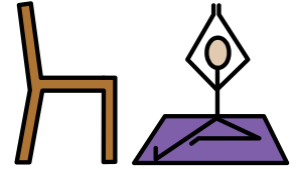
read  
book



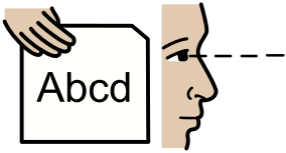
chair  
exercise



listen to  
music



chair  
yoga



word  
search

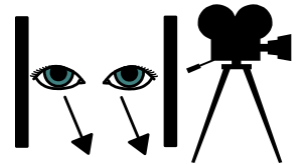


1	88	X	X
4	X	25	X
X	X	11	X

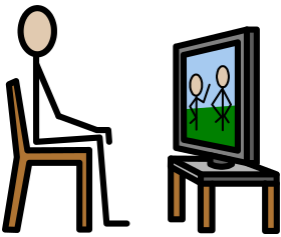
bingo



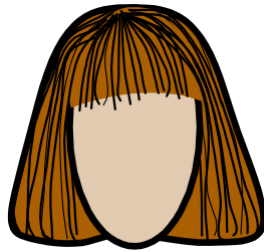
colouring



watch  
film



Watch tv



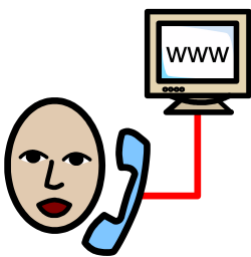
hair



make up



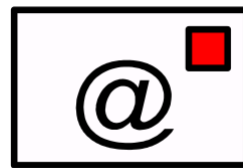
paint  
nails



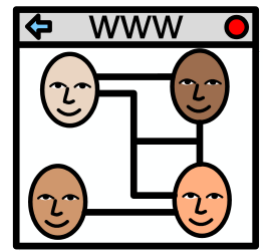
skype



telephone



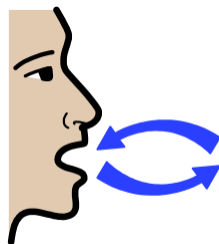
email



facebook



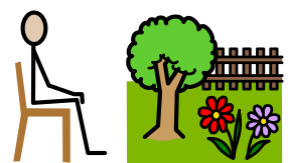
relax



breathing



nap



sit in  
garden



gardening



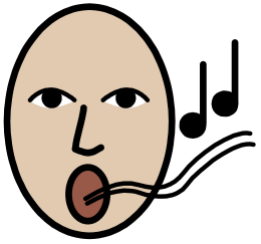
cooking



baking



arts and  
crafts



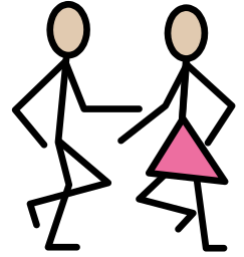
singing



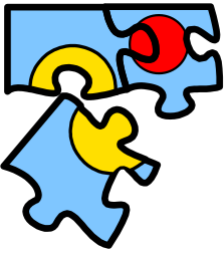
games



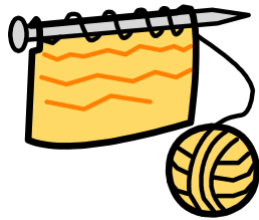
pet  
therapy



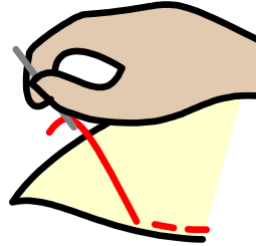
dancing



jigsaw



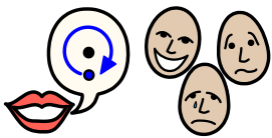
knitting



sewing



relaxation  
music



talk about  
feelings

