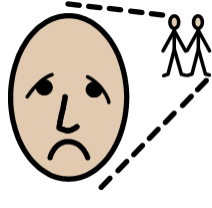


bored



lonely



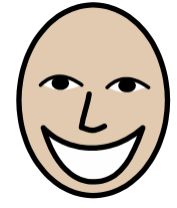
frustrated



shout



worried



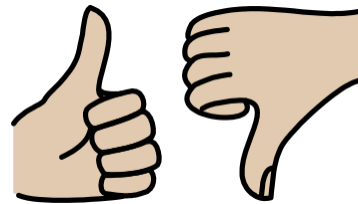
happy



stay
indoors



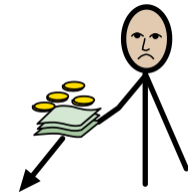
no meeting
friends



Good and bad
days during
lock down



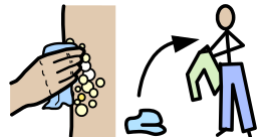
follow
rules



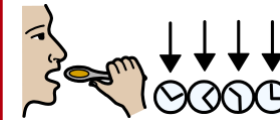
fined



good sleep



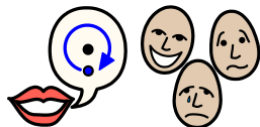
washed and
dressed



eat
regularly



healthy
meals



talk about
feelings



phone
friends



exercise



activities



relax



sit in
garden