

School Nursing

School Nurses are qualified registered nurses who have undertaken further study at degree level for a specialist public health qualification, making them the most suitable professional to work with children, families and young people. There are a number of practitioners who also prescribe from the Nurses Prescribing Formulary.

0-19 Public Health Nursing service is responsible for delivering and leading the Healthy Child Programme 0-19 and delivering on public health priorities.

School nurses provide a holistic assessment of the health and wellbeing needs of children and young people, offering health promotion advice and promotion, signposting and referral to other services, providing a link between school, home and the community. The core offer for the 5-11 age group is to undertake the NCMP, audio screening, PHSE and handwashing. For targeted school nursing support, a referral is required. A health needs assessment is undertaken on receipt of a referral to identify any outstanding health needs (physical, emotional, sexual and social) and a plan of care devised to meet these needs. The school nurse as lead professional will monitor, review and revise the care plan as necessary until the needs are met or goals achieved.

The core offer for the 11-19 school nursing service is to provide universally a “pop-in” in mainstream secondary schools in the city as well as bespoke “pop-ins” to Pupil Referral Units and Special Schools. The pop-ins consist of 15-minute slots that young people can access themselves without consent to discuss any aspect of their health/concerns. After 12 years of age referral to this service requires consent from parents.

The Healthy Child Programme is universally available to all children aged 0-19.

- Children and young people aged 5-19 can be referred (or self-refer) for individual assessment/support.
- All children under 5 will have a named health visitor.

Referral Criteria

- **Toileting**
- **Enuresis**
- **Encoporesis**
- **Diet and nutrition**
- **Behaviour**
- **Sleep**
- **Emotional wellbeing – young people and parents**
- **Managing minor illness**
- **Weight management**
- **Parenting**

- **Sexual health**
- **Body image worries**
- **Physical health concerns**
- **Eating disorders**
- **Drug and alcohol support**
- **Relationship difficulties**
- **Bullying**
- **Stress management**
- **A&E follow-up (with consent)**

5-19 years referral required

- If the referral is for a child under 12 it can only be processed with signed parental consent. It is the referrer's responsibility to discuss the concern and the referral with parent/carer before this form is submitted.
- Children/young people aged 12 and over may give consent or self-refer via pop-in or text messaging service.
- Referral form required. All sections must be completed and supporting evidence must be provided wherever possible.

Single Point of Contact
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